

SAYDUTCH · WEEK 7



Health & huisarts

Explain simple symptoms and ask for help

Dutch · Tagalog · English

Name: _____

Date: _____

1. Vocabulary garden

Read every Dutch phrase aloud. Cover the translation columns and recall the meaning.

#	Nederlands	Tagalog	English
1	Ik voel me sinds gisteren ziek.	Masama ang pakiramdam ko mula kahapon.	I have felt ill since yesterday.
2	Ik heb koorts en hoofdpijn.	May lagnat at sakit ng ulo ako.	I have a fever and headache.
3	Waar doet het pijn?	Saan masakit?	Where does it hurt?
4	Ik wil de huisarts bellen.	Gusto kong tawagan ang family doctor.	I want to call the family doctor.
5	Neem dit medicijn na het eten.	Inumin ang gamot na ito pagkatapos kumain.	Take this medicine after eating.
6	In een noodgeval belt u 112.	Sa emergency, tumawag sa 112.	In an emergency, call 112.

My difficult sounds



2. Translate and write

Write each prompt in Dutch. Include punctuation and read your answer aloud.

1. Masama ang pakiramdam ko mula kahapon.

2. I have a fever and headache.

3. Saan masakit?

4. I want to call the family doctor.

5. Inumin ang gamot na ito pagkatapos kumain.

6. In an emergency, call 112.

Make it personal

Write three true sentences using this week's language.

3. Listening and speaking

Partner listening

A partner reads these in a random order. Write the number you hear.

- ☐ In een noodgeval belt u 112.
- ☐ Neem dit medicijn na het eten.
- ☐ Ik wil de huisarts bellen.
- ☐ Waar doet het pijn?
- ☐ Ik heb koorts en hoofdpijn.
- ☐ Ik voel me sinds gisteren ziek.

First try

- ☐ clear vowels
- ☐ calm speed
- ☐ complete sentence

Second try

- ☐ Dutch word order
- ☐ final sounds
- ☐ confident voice

Exam-style response

Answer aloud for 30–45 seconds using at least three phrases from this week.

Prompt: Tell an examiner what you would say or do in a situation about **health & huisarts**.

4. Weekly check & answer key

Can I do this?

☐ I recognise all six phrases.

☐ I can say four without reading.

☐ I can write three accurately.

☐ I can answer one follow-up question.

Translation answers

1. **1.** Ik voel me sinds gisteren ziek.
2. **2.** Ik heb koorts en hoofdpijn.
3. **3.** Waar doet het pijn?

4. **4.** Ik wil de huisarts bellen.
5. **5.** Neem dit medicijn na het eten.
6. **6.** In een noodgeval belt u 112.

Reflection

My strongest phrase:

The phrase I will review tomorrow:

Score: ____ / 10